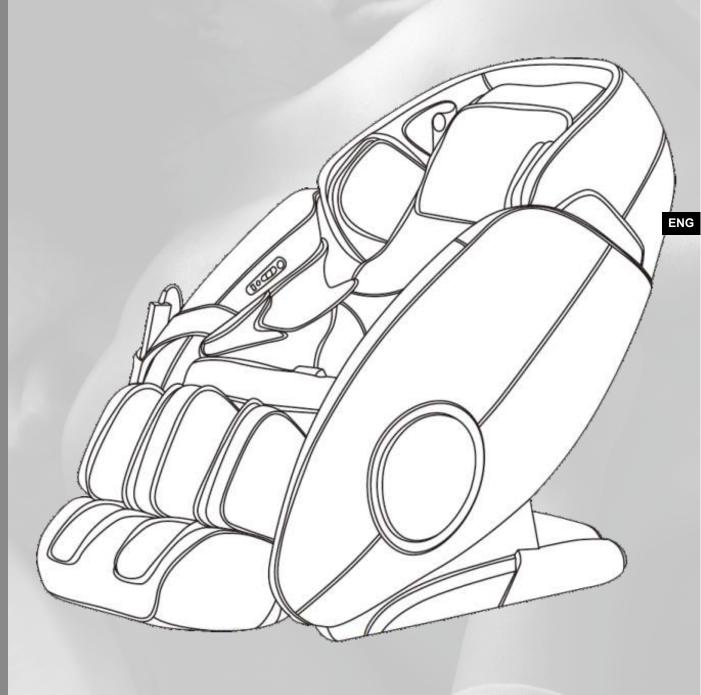


# Massage Chair MX 12.0Z



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# 1. Important Safety Instructions



- Keep children away from all moving parts of the chair.
- Connect the device to an earthed electrical socket
- Remove the electrical plug from the socket after use and before cleaning to avoid personal injury or damage to the device.
- Only use the chair as instructed in this operating instruction manual.
- Do not use any additional parts or components which are not included in this scope of delivery.
- Never use this device outside or on a balcony or terrace.
- Please read the operating instructions carefully before using the device.
- All types of use which are not described in this manual are prohibited
- Es empfiehlt sich, das Gerät nicht länger als 20 Minuten pro Massage zu nutzen.
- Please do **not** use this device if:
  - the leather is torn or damaged.
  - any of the covers are broken or damaged
  - the heating or ventilation vent is covered up or blocked.
  - If you have consumed excessive alcohol or you are feeling sick or unwell
- Wait for at least an hour after a big meal before using the device.
- Do not fall asleep on the chair during a massage.
- To avoid injury, do not turn the massage function up too high.

# 2. Installation Location



- Please do not use the device:
- In rooms with high temperatures and/or in rooms with a high humidity.
- When the room temperature varies rapidly or quickly
- In very dusty rooms
- In any location where there is not enough space for the necessary ventilation.

**ENG** 

#### **Safety and Maintenance**

# 3. Personal Conditions



- If you suffer from any of the following ailments or illnesses, we advise against using this device:
  - Osteoporosis
  - Heart problems or heart disease
  - If you have a pacemaker or any other electronic medical device
  - High temperature or fever
  - Any open wounds
  - Skin diseases
  - During pregnancy or menstruation
- If your doctor has ordered you to rest, we also advise not to use this device.
- Children under the age of 14 years should not be allowed to use this chair without supervision.
- Do not use this device if your body is wet or damp.

# 4. General Safety Instructions



- Check the electrical supply voltage before turning the device on for the first time.
- Do not remove the electrical plug from the socket with wet hands
- Keep water or any other liquids away and avoid them getting into the device
- Do not damage any cables and do not exchange any circuits on this product.
- Do not use wet or damp cloths or similar to clean electrical components like switches or electrical plugs.
- Keep away from the device during a power cut to avoid being injured when the electricity goes back on.
- Please stop using the device immediately if any kind of malfunction occurs.
- Also stop using the device if you start to feel unwell.
- If the electrical cable is damaged, remove the plug from the socket and contact the supplier or another qualified electrical technician for a replacement.
- Children must be supervised when they are near the unit.
- The device is not suitable for use by persons with diminished physical, sensory or mental abilities. It is also not suitable to be used by inexperienced or unknowledgeable persons (eg children) without supervision.

#### Safety and Maintenance

# 5. Service and Maintenance



- The maintenance of the device may only be carried out by qualified personnel.
   Please do not disassemble or try to maintain the device yourself. Exceptions are only small maintenance works or repairs under the instruction of a technician of the supplier.
- Do not forget to turn off the power to the device at the mains after use.
- Do not use the device if the electrical plug is loose in the socket.
- If the chair is not to be used for a long period of time, roll up the cable and store it in a dry and dust-free place.
- Do not expose the device to high temperatures or long periods of direct sunlight.
- If the electrical cable is damaged, remove the plug from the socket and contact the supplier or another qualified electrical technician for a replacement
- Please clean the device with a dry cloth. Do not ever use thinner, mineral spirits, or alcohol for cleaning.
- All mechanical components of the chair are designed so that no special maintenance is required.
- Avoid contact with sharp objects with the chair.
- Please do not push or pull the chair over uneven ground. The chair must always be lifted to be transported.
- Please use the device with enough time intervals between each application. Do not have the device in constant use.

# 6. Commonly Alleged Malfunctions



- It is normal for the electronic motors to make buzzing noises during operation.
- If the control unit does not operate, please check first if the electrical plug is correctly plugged into the socket and it is turned on at the mains.
- The device will switch off automatically when the set program has come to an end.
- If the device runs too long, the chair temperature protection system will switch off automatically.
- If the device switches off automatically, it should be possible to switch it on again for use after approximately 30 minutes

#### **Functions**

- There are sensors in the shoulder area qhich automatically detect the contours of the body and massage points. With this the necessary micro-adjustments of the massage hands are made to achieve the best results.
- 2. The chair has many different massage programs to choose from.
- 3. The air pressure technology enables the hip-stretching and rotation exercises
- 4. You can select from the following functions by selecting the manual massage program:

#### **Massage Positions:**

- Full body
- Partial body
- Fixed position

#### Massage Types:

- Shoulder massage
- Kneading massage
- Tap massage
- Knead and tap massage
- Shiatsu massage

Five different intensity levels can be selected for each type of massage. The distance between the hands in tap and shiatsu massages can also be adjusted to five levels.

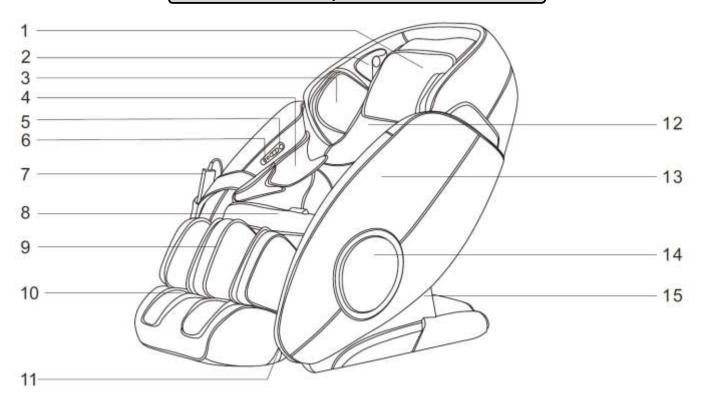
### **Application Areas**

There are many positive effects which can be gained from using the massage chair. In addition to general relaxation, depending on the program selected, time and intensity it is possible to achieve the following results:

- Vitalisation of the full body
- Improvement of blood circulation
- Relief of muscle tension
- Relaxation from nerve pain
- Reduction of muscle aching and soreness

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# **Description of Parts**





- 1. Head cushion
- 2. Loud Speaker / negative ions
- 3. Air cushion shoulder
- 4. Air cushion arm
- 5. Quick Selection Keys on Arm Rest
- 6. USB Charger
- 7. Remote Control
- 8. Seat Cushion

- 9. Leg Unit
- 10. Foot Rest
- 11. Rear Foot Plate
- 12. Back Rest Pad
- 13. Side Part
- 14. Decoration Element
- 15. Side Cover
- 16. Housing Cover

- 17. Remote Control Pocket
- 18. LED Circuit
- 20. Transport Rollers
- 21. Electrical Cable
- 22. Power Connection
- 23. Fuse
- 24. Power Switch
- 25. Connection (remote control)



#### **The Remote Control**

The remote control of your new massage chair allows you to select from the many massage types and massage programs the chair provides.

In the following, all the various functions and associated control keys of the remote control are explained.

#### 1 Switching on the Device

Insert the mains adapter plug into socket (1) located on the back of the chair.



Push the electrical plug into the socket and switch on the device at the power switch (2).

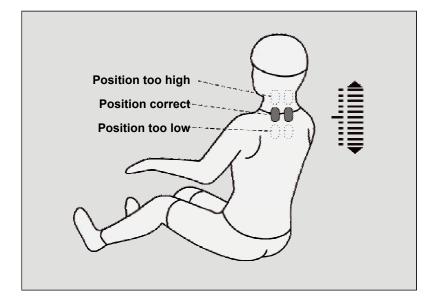
#### 2 Starting the Massage

- a) Make sure the chair is switched on at the power switch.
- b) Press the power button on the remote control. The chain will move automatically into a relaxing position. (Before you press the power button please sit down comfortably in the chair. Sit right back into the chair so that your back is leaning completely against the back cushion and gently lean back your head in a relaxed position. This will ensure that the automatic measurement of your massage points can be measured correctly).
- c) The chair will automatically take a measurement of the most important massage points in the shoulder and back areas.
- d) If the automatic measurement is not as you require, you can manually adjust the position of the massage rollers by pressing the key for "adjust shoulder".



To move the massage rollers for the shoulders either upwards or downwards repeatedly press the "Adjust Shoulder" key.





e) Select the massage you require (there is more information about this in the next section).

You can combine several of the massage types with each other. If you have found a massage setting which you like and do not want always to have to program it to start, simply save your setting with the save key. To do this press and hold down the double-assigned keys (see below) for 3 seconds.



These two keys (Upper Body/M1 and Lower Body/M2) are double-assigned. Press the key for a short time to select upper and lower body. If you press these two buttons for a long time, your settings will be saved on M1 or M2.



# 3: The Different Types of Massage

Here there are 6 automatic and numerous other manual programs to chose from. In the following are detailed instructions about how to select the different programs.

#### **Automatic Massage Types**

To select the automatic massage types, press the appropriate key on the remote control. The display on the remote control will show AUTO Fx.



Pain relieving: Deep massage to relax the areas of pain

AUTO **F1** 



Relaxing: Soothing full-body massage

**AUTO** 

F2



Vitalising: Massage to improve blood circulation "RELAX"

**AUTO** 

F3



**Demo**: Hold down the key for 2 seconds and try out all the massage functions the chair has to offer.

**AUTO** 

F0



Upper Body Massage: Focus on massaging the upper body

AUTO

F4



Leg and Torso Massage: Focus on massing the legs and hips area

**AUTO** 

F5

#### Manual Upper Body Massage

#### **Shoulder Massage:**

Select the intensity and speed you want



#### Shiatsu-Massage:

You can choose between 2 modes for this massage. In addition, you can choose the intensity and speed of the massage which you would like. You can also select the distance between the massage rollers in order to find the perfect setting for you.





#### **Kneading Massage:**

Select the intensity and speed you require.





#### Tap Massage:

Select one of the two programs available and choose the intensity and speed you require. Here you can also adjust the distance between the massage rollers.





#### **Kneading and Tap Massage:**

Select the intensity and speed you require.





#### 3D Massage:

Select one of the four programs available and choose the intensity and speed you require.



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#### Setting the Speed:

This option is available in all automatic programs





# **Setting the Distance Between Massage Rollers:**

This option is only available for tap and shiatsu massages



#### **Back Stretch Massage:**

By repeatedly pressing the back stretch key you can switch to the following types of massage:



**Full-Body Massage** 



# **Setting the Position of the Massage Rollers:**

You can select these settings with the partial and point massages:

Massage rollers move further up

Massage rollers move further down



#### **Additional Manual Functions**



#### Roller foot massage:

Using the "sole roller" key you can add a foot massage and choose the intensity from 3 different levels.





#### **Seat Heater:**

The "heater" key switches on the heating function for the back area on and off.



#### **Changing the Position**





#### **Adjusting the Back Rest**

Pressing and holding these keys will raise and lower the back rest. It will stay in position when you release the key.





#### Adjusting the Leg Unit:

Pressing and holding these keys will raise and lower the leg unit. It will stay in position when you release the key.



#### Lying Mode:

The chair will move into the lying position when you press this key. Press the key once for the first lying position and press it again a second time to bring the chair back into "zero gravity" position.

#### **Arm Rests and Quick-Selection Keys**



#### **ON/OFF Button:**

Use this to turn the chair on and off.



#### **Zero Gravity**

To get you into the most comfortable lying position



#### **USB Connection:**

For charging your mobile phone or tablet



### **Automatic Massage**

Simply select an automatic massage



#### **Lying Position**

Press and hold this key for the chair to move continuously into a lying position.



#### **Upright Position**

Press and hold this key for the chair to come back continuously into an upright position.

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# **Assembling the Side Parts**

#### Step by Step Instructions for Assembling the Arm Rests

For assembly, lower the chair into the lying position. Please check before starting the assembly that none of the air hoses or cables are damaged. There is one more air hose on the left side than on the right. This is correct. Assembly is very easy as can be seen in the steps shown below. The arm rest is fixed simply using two Allen screws.

It is much easier to have a second person to help you with the assembly.

1) Take the cable from the inside of the chair (Figure 1) through the steel frame and out to the outside. Connect the appropriate cables/hoses on the arm rest to those coming out of the chair (Figure 2). Press the compressed air hose firmly onto the connecting piece. Push the cable/hose back into the chair as far as it will go (Figure 3 & 4), whilst bringing the arm rest into position.

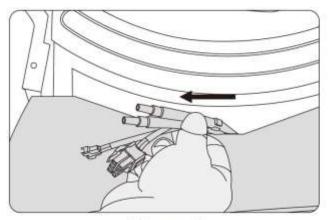


Figure 1

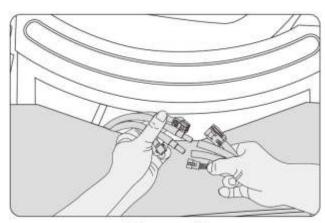


Figure 2

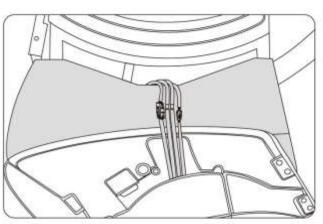


Figure 3

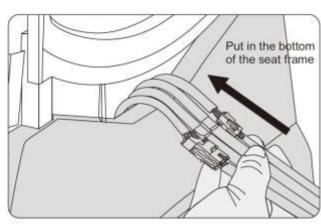
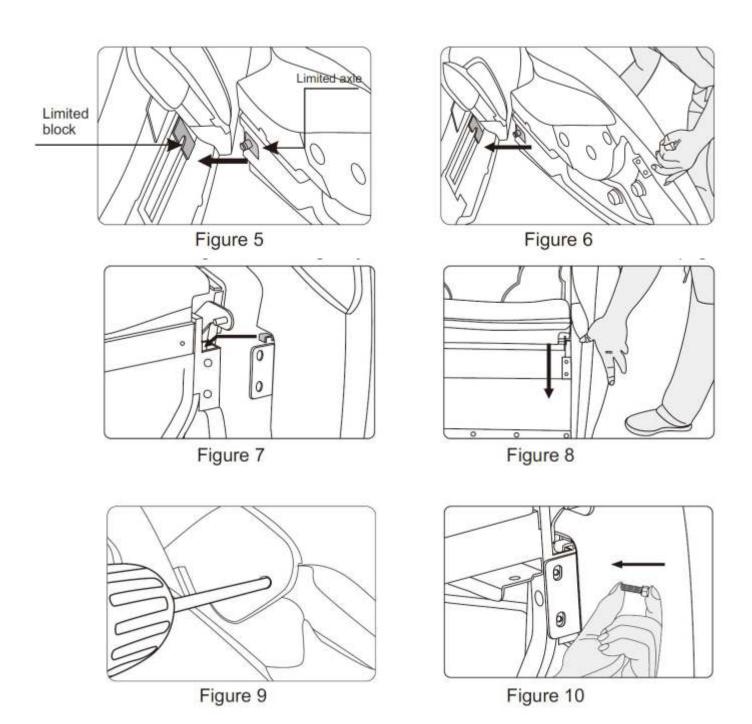


Figure 4

# **Assembling the Side Parts**

2) From the Figure 5, identify the nipple of the limited axle at the rear of the chair and the limited bock on the arm rest. Place the bock onto the nipple of the limited axle (Figure 6). If it does not click in immediately, then you can use a bit of gentle force, and hit the front of the arm rest with the flat of your hand. Let the nipple at the rear glide into the bock and hang the front of the arm rest onto the mount as shown in Figure 7|8). Make sure that the hoses and cables do not get crushed.

3) Now fix the arm rest with two Phillips screws. (Figure 9|10)



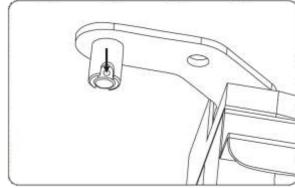
# **Assembling the Foot Rest**

#### Step by Step Instructions for assembling the foot unit

A second person is necessary to do this.

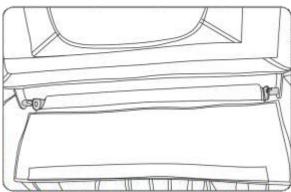
1) Please remove the two pins form the retaining bolts on the right and left of the chair first.

Now align the holes so you can push the two pins back in easily.

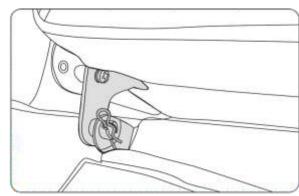


2) The holes for the bolts on the foot unit are easy to identify.

Place one hole over the bolt on one side of the chair and then the other on the other side. To do this requires use of some gentle force.



3) Finally, replace the pins back into the retaining bolts and fold back the seat cushion to fix the Velcro fastening on the foot unit to the seat of the chair.

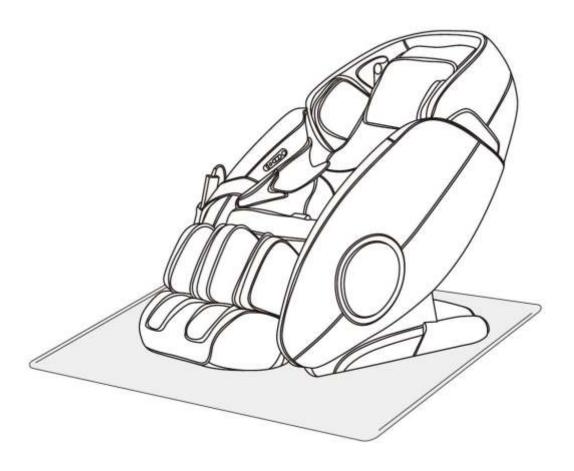


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# **Setting up and Transporting the Device**

#### **Setting up your Massage Chair:**

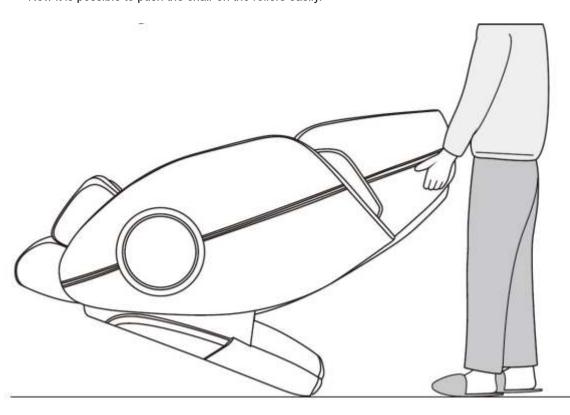
Please note the safety warnings in this manual regarding where to locate the device. Make sure that you do not place the device directly onto floor surfaces such as laminate or parquet. With these types of floors, please lay down a carpet or a protection mat under the chair to avoid pressure marks on the flooring.

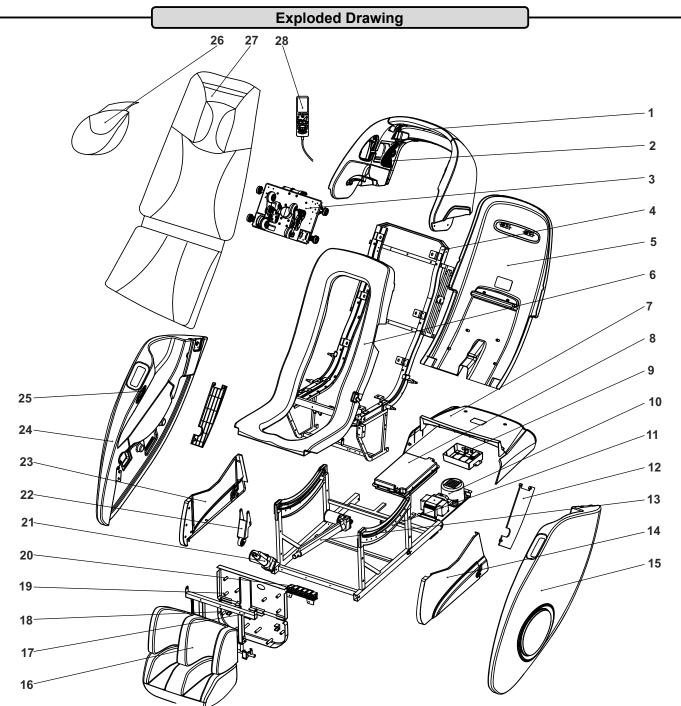


#### **Transporting your Massage Chair**

Please remember to remove the electrical plug from the socket before transport!

To roll the chair please make sure that all cables and tubes are kept at enough distance away from the floor. Tip the chair backwards with the back rest until the point of gravity of the chair is directly above the transport rollers. Now it is possible to push the chair on the rollers easily.





Part No.	Description
1	Capsule components
2	Horn cover assembly (left and right)
3	Robot components
4	Rail components
5	Back cover
6	Foreskin leaning frame components
7	Bracket back cover components
8	Drive box components
9	Power switch box components
10	Air pump transformer components
11	Car components
12	Side stopper (left)
13	Back rest electric cylinder
14	Side cover components (left)
15	Arm rest components (left)

Part No.	Description
16	Lower leg components
17	Calf extension mechanism
18	Lower leg plate
19	Leg plate
20	Six solenoid valve
21	Lower leg electric cylinder
22	Leg lift mechanism
23	Side cover components (left)
24	Arm rest assembly (right)
25	Quick selection key components
26	Head cushion
27	Back cushion
28	Hand control box components

# Warranty\*

For MAXXUS® Support Team to help you as quickly as possible with service, we will require certain information about your fitness device and about you. To find the exact spare parts required, we will need the product name, date of purchase and serial number.

If necessary, please fill out completely the Service Contract form attached to this User Manual and send it to us by post or you are welcome to use our online form "Service Contract" which you will find under the "Service" section at www.maxxus.com

#### **Areas of Application & Warranty Periods**

Depending on the model, fitness devices from MAXXUS® are suitable for use in different areas. Find the appropriate area of use for your fitness device from the "Technical Data" in this User Manual.

#### Home Use:

Exclusively for private use Warranty Period: 2 Years

#### Semi-Professional Use:

Use under instruction in hotels, physiotherapy practices, etc. Use in a fitness studio or similar establishment is hereby excluded! Warranty Period: 1 Year

#### **Professional Use:**

Use in a fitness studio or similar establishment under supervision by trained personnel.

Warranty Period: 1 Year

Use of your training device in an area which is not suitable for your device will cause immediate expiry of its guarantee and cancel your right to claim warranty!

Sole private use and warranty period of 2 years assumes that the purchase invoice is made out to the end user.

#### **Proof of Purchase and Serial Number**

To claim your right to service works within the warranty period we will in each case require proof of purchase. Keep your proof or purchase or purchase invoice in a safe place and in warranty cases send us a copy together with your Service Contract. This will ensure that we can process the service work as quickly as possible. So that we can identify which model version requires to be serviced correctly, we will require; Product Name, Serial Number and Date of Purchase.

#### **Terms and Conditions of Warranty:**

The warranty period for your training device starts on the date of purchase and applies solely to products which were purchased directly from the MAXXUS Group GmbH & Co KG or one of the MAXXUS Group GmbH & Co KG direct and authorised distribution partners.

The warranty covers defects caused by production or material faults and only apply to devices purchased in Germany. The warranty does not apply to damages or defects caused by culpable improper use, negligent or purposeful destruction, lack or failure to carry out maintenance and/or cleaning measures, force majeure, operational causes and to normal wear and tear, damages caused by penetration of liquids, damage caused by repairs or modifications made with spare parts from a different supplier. The warranty also does not apply for damages due to faulty assembly or damages which occur because of faulty assembly. Certain component parts will wear out during use or from normal wear and tear. This includes for example:

- Ball bearings
- Bearing bushings
- BearingsDrive belts
- Rollers

- Switches and push-buttons
- Treadmill belts (bands)
- Treadmill decks (running deck)

Signs of wear and tear on wearing parts are not items covered under the warranty.

For assistance with warranty service or warranty repair enquiries for devices not in Germany, please contact our Service Department at MAXXUS Group GmbH & Co KGM by sending an Email to: service@maxxus.de and we will be happy to help.

#### Service Outside the Warranty and Ordering Spare Parts

The MAXXUS® Service Team is happy to be of assistance to help solve any problems with faults which may arise following expiry of the warranty period, or in cases of defects arising which are not covered by the warranty.

In this case please contact us by email direct to:

#### service@maxxus.de

Orders for Spare Parts or Worn Parts should be sent along with information on the Product Name, spare part description and number and the quantity required to:

#### spareparts@maxxus.de

Please be informed that additional fixing materials such as screws, bolts, washers etc are not included in the scope of delivery for individual spare parts. These should be ordered separately.

\*Version: June/2016

Device Details	
Product Name: <b>MX 12.0Z</b>	Product Group: Massage Chair
Serial Number:	Invoice Number:
Date of Purchase:	Where Purchased:
Accessories:	
ype of Use:	
Private Use	Commercial Use
Personal Details	
Company:	Contact Person:
rirst Name:	Second Name:
Street:	House Number:
Post Code / Town/City:	
E-Mail:	
Fax. No.*:	
The fields marked with an asterisk are optional. The remaining fie	
Fault Description Please enter a short description of the error as preci For example, when, where and how does the error	isely as possible below: occur? Frequency, after which period, at what Use, etc)

ENG

	A copy of the proof of purchase / invoice / receipt is attached.
--	--

☐ I accept the General Terms and Conditions of MAXXUS® Group GmbH & Co. KG.

I hereby instruct the company MAXXUS® Group GmbH & Co. KG to repair the above defects. In Warranty cases I will not be charged for the cost. The costs for repairs which are excluded from liability for defects in quality will be charged to me and must be settled immediately. In cases of repairs carried out on site, our staff are entitled to collect payment. This agreement is confirmed with here with my signature.

Date Location

Signature

Please be aware that contracts can only be processed if this form has been completed in full. Be sure to attach a copy of your purchase invoice. Send the fully completed Service Contract to:

Post\*: Maxxus Group GmbH & Co KG, Service Department, Zeppelinstr. 2, 64331 Weiterstadt

Fax: +49 (0) 6151 39735 400

**E-Mail\*\***: customerservice@maxxus.com

 $<sup>^{\</sup>star\star}$  Submission by E-Mail is only possible as a scanned document with original signature.







<sup>\*</sup> Please stamp with sufficient postage – letters which are not sent postage paid will unfortunately not be accepted.



